



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Summer Night 5K Run Distance 5 km
Location (city) London (province) Ontario
Type of course: road race calibration track Configuration: Out/Back
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 820 ft Finish 820 ft Highest 820 ft Lowest 790 ft
Straight line distance between start & finish 34 m Drop 0 m/km Separation 0.7 %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent
London, Ontario, N6J 1S8 519-641-6889
Race contact (name, address & phone) Paul Roberts c/o Runners' Choice
207 Dundas St., London, ON, N6J 1G4 519-672-5928
Measuring Methods: bicycle steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: July 18/2012
Race date: July 20/2012 Course paperwork submission date: July 18/2012
Replaces: _____ (if applicable) Certification code: ON-2012-083-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

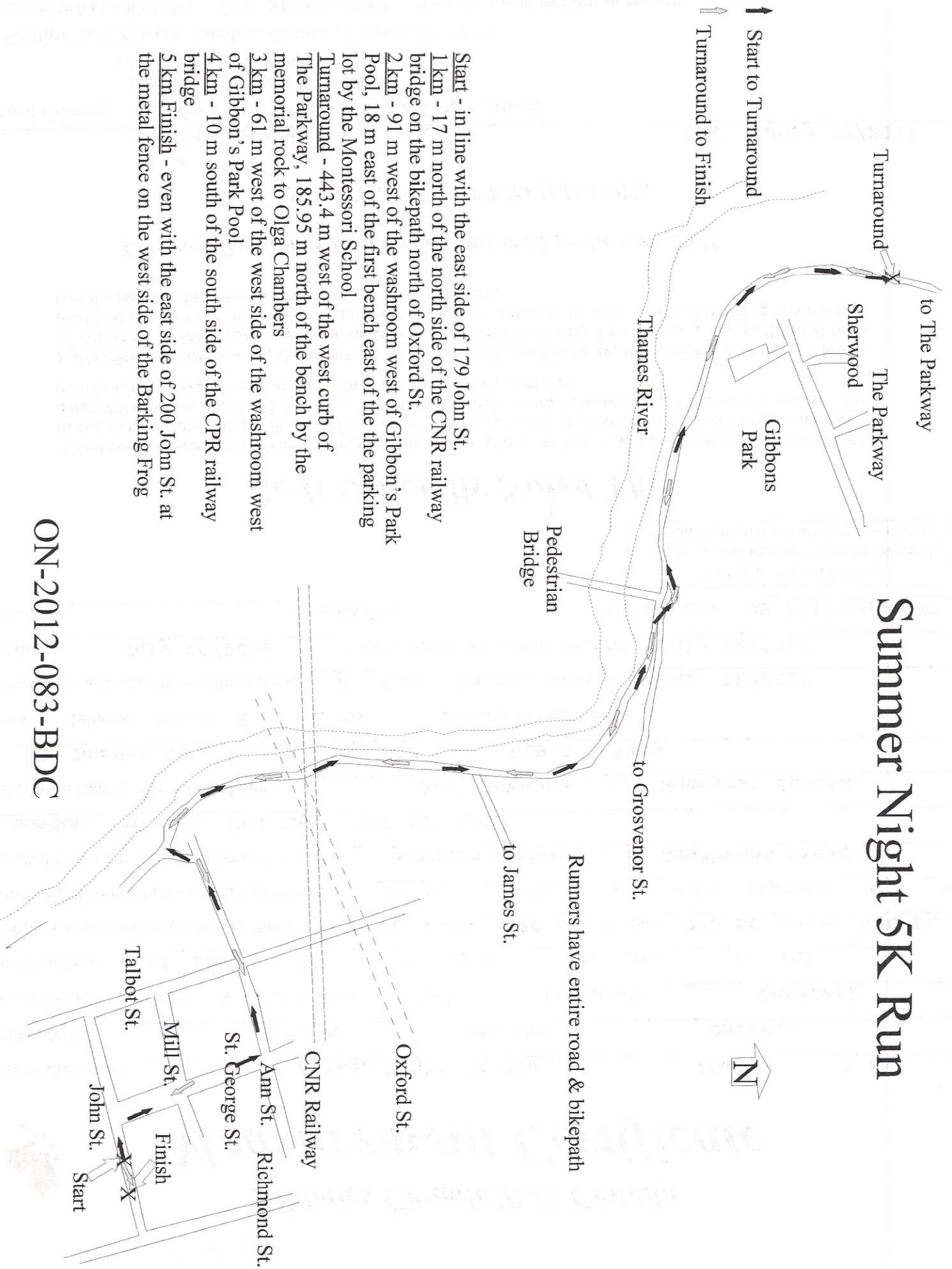
This certification expires on December 31 in the year 2021

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: July 18/2012
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Summer Night 5K Run



- Start - in line with the east side of 179 John St.
- 1 km - 17 m north of the north side of the CNR railway bridge on the bikepath north of Oxford St.
- 2 km - 91 m west of the washroom west of Gibbon's Park Pool, 18 m east of the first bench east of the the parking lot by the Montessori School
- Turnaround - 443.4 m west of the west curb of The Parkway, 185.95 m north of the bench by the memorial rock to Olga Chambers
- 3 km - 61 m west of the west side of the washroom west of Gibbon's Park Pool
- 4 km - 10 m south of the south side of the CPR railway bridge
- 5 km Finish - even with the east side of 200 John St. at the metal fence on the west side of the Barking Frog

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