



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Embro Highland Games 5 km Road Race Distance 5 km
Location (city) West Zorra Township (province) Ontario
Type of course: road race calibration track Configuration: Loop
Type of surface: paved 95 % dirt _____ % gravel 5 % grass 5 % track _____ %
Elevation (meters above sea level) Start 325 m Finish 325 m Highest 325 m Lowest 322 m
Straight line distance between start & finish 0 m Drop 0 m m/km Separation 0 m %
Measured by (name, address, phone & e-mail) Bernard Conway 67 Southwood Crescent
London, Ontario, N6J 1S8 519-641-6889
Race contact (name, address & phone) Jim Gibb RR1 Embro, Ontario, N0J 1J0
519-475-4245
Measuring Methods: bicycle steel tape electronic distance meter
Number of measurements of entire course: 3 Date(s) when course measured: April 12 & 17/2012
Race date: July 1/2012 Course paperwork submission date: April 19/2012
Replaces: _____ (if applicable) Certification code: ON-2012-017-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

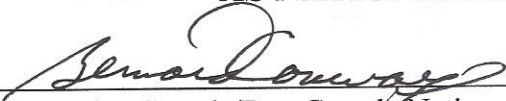
Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

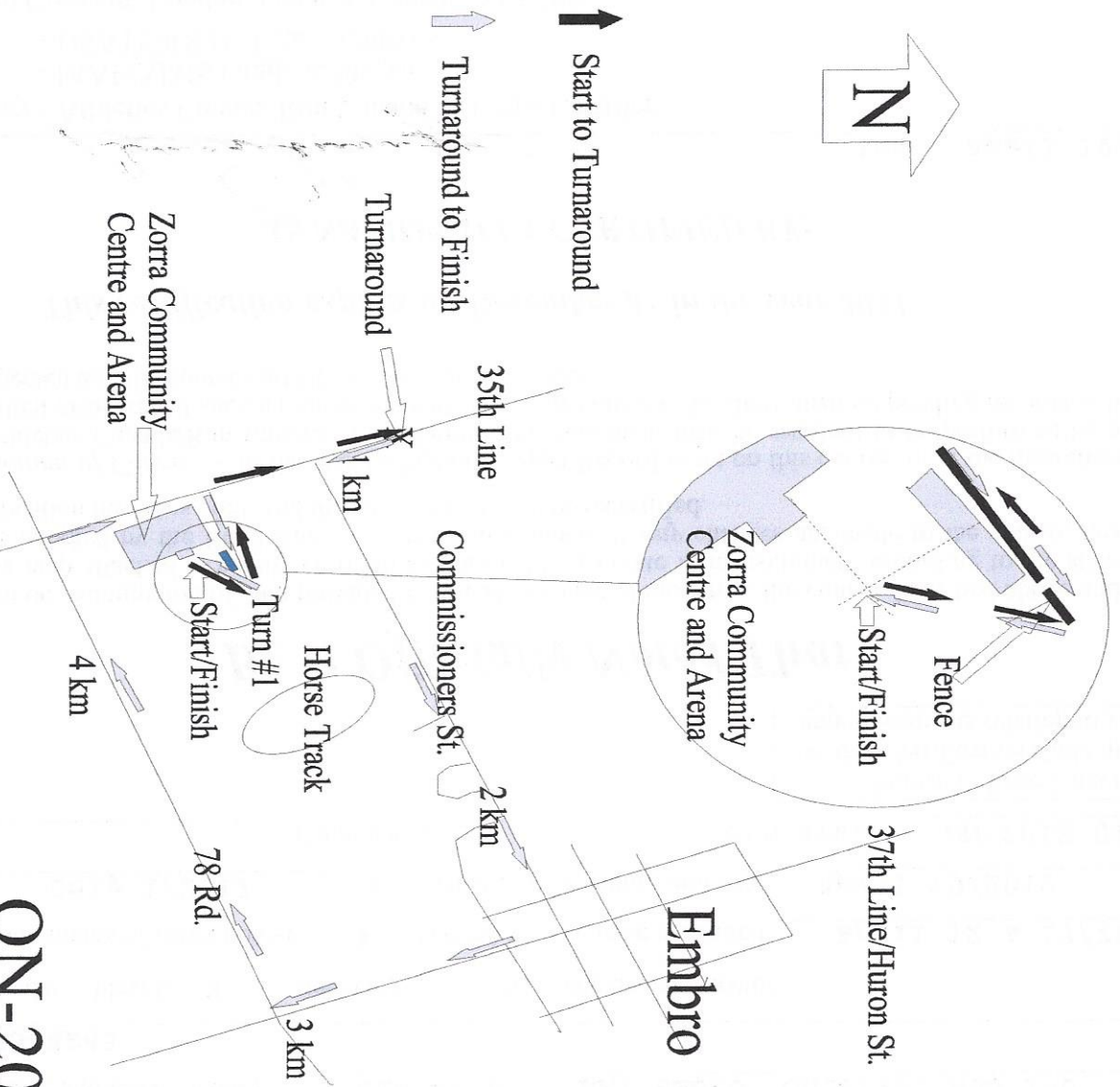
This certification expires on December 31 in the year 2021

AS NATIONALLY CERTIFIED BY:

 Date: April 19/2012
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Embro Highland Games 5 km Road Race



Start - is even with the north side of the back section of Embro-West Zorra Community Centre Arena and even with a line through the centre posts (6th from either end) of the covered open sided structure to the north of the field.

Turn #1 - is at the east end of the wooden fence immediately north of the open sided structure referred to in the description of the start.

Turnaround - 27.18 m south of the 4th hydro pole north of Commissioners St. on 35th Line

1 km - 22 m north of Commissioners on 35th Line.

2 km - 14 m east of Wallace Crescent (east end) on Commissioners St.

3 km - 17 m north of north side of 78 Rd., on Huron St. (37th Line)

4 km - 1 & 3/4 telephone posts west of entrance to J.F. Caddey Horse Farms.

Finish - same as start.

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