



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Kms For Care 5 km Run/Walk Distance 5 km
Location (city) Ennismore (province) Ontario
Type of course: road race calibration track Configuration: Out/Back
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 280 m Finish 280 m Highest 295 m Lowest 245 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Mike Faught 387 Reid St
Peterborough, ON, K9H 4G4 705-750-0422
Race contact (name, address & phone) Lynne Faught 387 Reid St.
Peterborough, ON, K9H 4G4 705-750-0422
Measuring Methods: bicycle steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: Oct. 29/2011
Race date: April 15/2012 Course paperwork submission date: Feb. 29/2012
Replaces: _____ (if applicable) Certification code: ON-2012-004-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

AS NATIONALLY CERTIFIED BY:

Bernard Conway Date: March 7/2012
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

5-KM RUN/WALK
 ENNISMORE, ONTARIO

ENNIS ROAD



D.R.P. - AT 4 INTERSECTIONS
 MARSHALS - 14

TARA - CLOSED TO TRAFFIC,
 CONES IN CENTER OF ROAD.
 ENNIS - CONES TO INSIDE OF
 CENTER, BOTH DIRECTIONS

MCKONEY LINE

TARA RD. KM 1

CASHEL RD.

FENCE

OR TREE

MAPLE DR.

WATERFORD

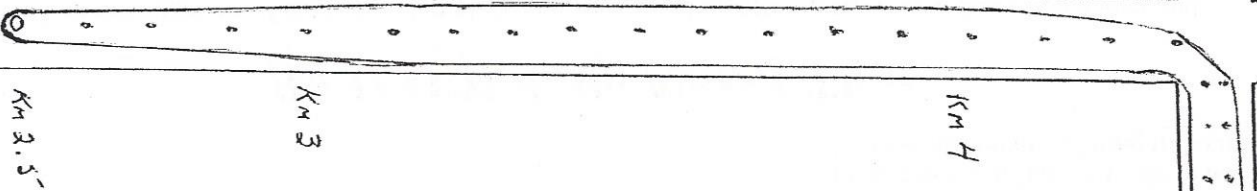
START/FINISH LINE:

- CASHEL -
- IN A LINE WITH NORTH SIDE OF CASHEL
 - IN A LINE WITH EAST SIDE OF CASHEL
 - IN A LINE WITH WEST SIDE OF CASHEL
 - 1,945 METERS SOUTH OF 6TH FENCE
 - PALE, COUNTING FROM THE SOUTH,
 - ON WEST SIDE OF CASHEL.

ON-2012-004-BDC

TURN AROUND:

2105 METERS NORTH OF
 8TH WHITE FENCE POLE,
 SOUTH OF LAUREWAY TO
 HOUSE #601



ATTACHED:

- LIST OF KM POINTS
- START/FINISH AREA DIAGRAM
- TURN-AROUND MEASUREMENT

MEASURED BY MIKE FAUST
 PETERBOROUGH, ON. 29 OCTOBER 2011