



Athletics Canada/Run Canada
Measurement Certificate

Name of the course Lululemon Sea Wheeze Half Marathon Distance 21.0975 km
Location (city) Vancouver (province) BC
Type of course: road race calibration track Configuration: Loop
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 7 m Finish 7 m Highest 36 m Lowest 2 m
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
Measured by (name, address, phone & e-mail) Alain Denis and Kevin Thompson

Race contact (name, address & phone) Kevin Thompson 1827 Victoria Diversion
Vancouver, BC, V5N 2K2 604-816-1731

Measuring Methods: bicycle steel tape electronic distance meter

Number of measurements of entire course: 2 Date(s) when course measured: July 29/2012

Race date: Aug. 11/2012 Course paperwork submission date: Aug. 8/2012

Replaces: _____ (if applicable) Certification code: BC-2012-100-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

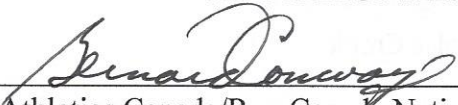
Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

AS NATIONALLY CERTIFIED BY:

 Date: Aug. 9/2012
Bernard Conway - Athletics Canada/Run Canada National Certifier

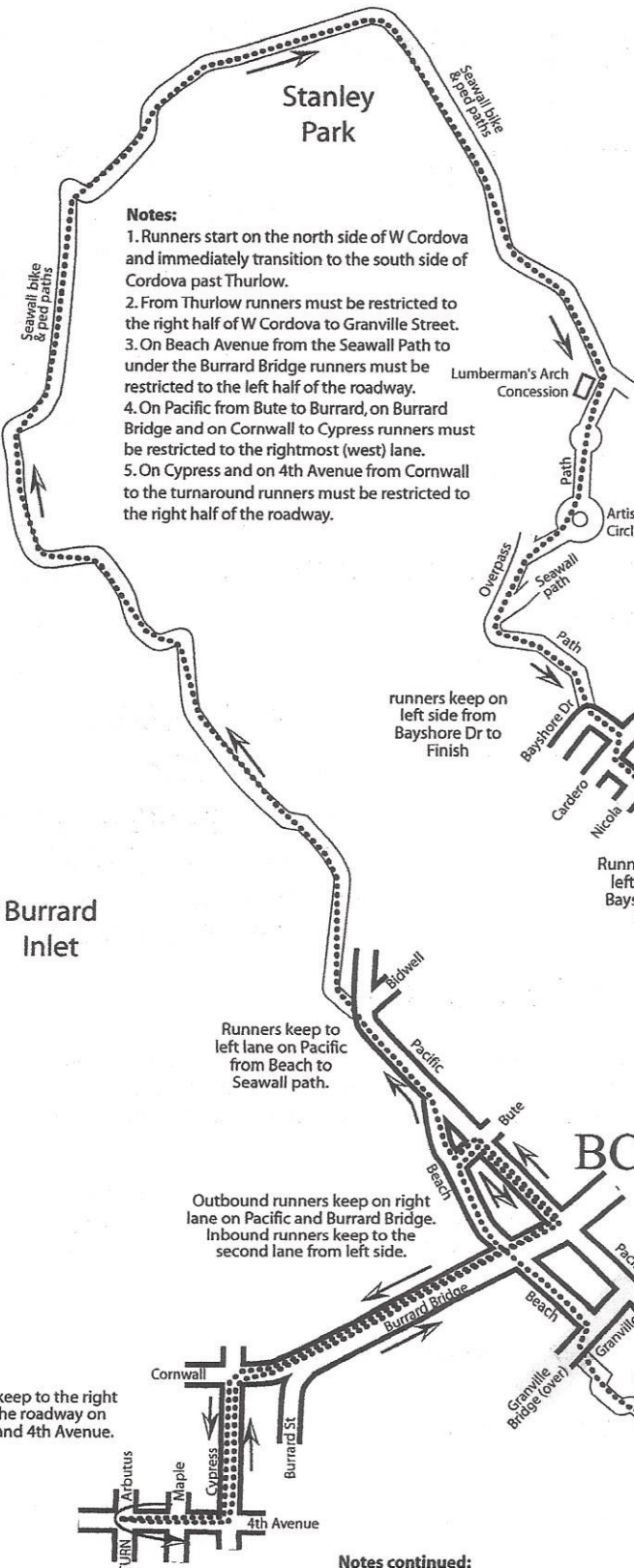
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

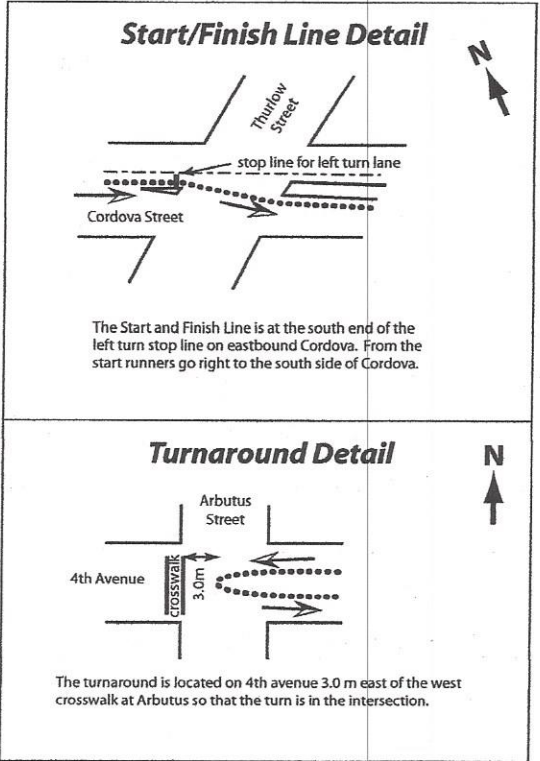
Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Lululemon Sea Wheeze Half Marathon

Vancouver, BC - August 11, 2012



- Notes:**
1. Runners start on the north side of W Cordova and immediately transition to the south side of Cordova past Thurlow.
 2. From Thurlow runners must be restricted to the right half of W Cordova to Granville Street.
 3. On Beach Avenue from the Seawall Path to under the Burrard Bridge runners must be restricted to the left half of the roadway.
 4. On Pacific from Bute to Burrard, on Burrard Bridge and on Cornwall to Cypress runners must be restricted to the rightmost (west) lane.
 5. On Cypress and on 4th Avenue from Cornwall to the turnaround runners must be restricted to the right half of the roadway.



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- Notes continued:**
6. On 4th Avenue and on Cypress from the turnaround to Cornwall runners must be restricted to the right half of the roadway.
 7. On Cornwall, the Burrard Bridge and on Pacific to Bute Avenue runners must be restricted to the second lane from the left side.
 8. On Bute Avenue runners must be restricted to the right half of the roadway.
 9. On Pacific from Beach to the Seawall Path at Bidwell runners must be restricted to the leftmost lane.
 10. From the Seawall Path at Bayshore Drive to the Finish line runners must be restricted to the left half of the roadway.

Runners keep to the right half of the roadway on Cypress and 4th Avenue.

Runners keep to left lane on Pacific from Beach to Seawall path.

Runners keep on left side from Bayshore Dr to Finish.

Runners keep on right side from Start to Granville.

Runners keep on left side of Beach from Granville to Burrard Bridge.

runners keep on left side from Bayshore Dr to Finish

The turnaround is located on 4th avenue 3.0 m east of the west crosswalk at Arbutus so that the turn is in the intersection.