



Athletics Canada/Run Canada Measurement Certificate

Name of the course Forzani Mother's Day 10km Distance 10 km
Location (city) Calgary (province) Alberta
Type of course: road race calibration track Configuration: Loop
Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
Elevation (meters above sea level) Start 1060 m Finish 1059 m Highest 1078 m Lowest 1051 m
Straight line distance between start & finish 148 m Drop 0.1 m/km Separation 1.5 %
Measured by (name, address, phone & e-mail) Marcel LaMontagne 1827 Bay Shore Road SW
Calgary, AB, T2V 3M2 403-874-1185 and Bill Wylie
Race contact (name, address & phone) Todd Birss 1817 Crowchild Trail NW
Calgary, AB, T2M 4R6 403-284-7959
Measuring Methods: bicycle steel tape electronic distance meter
Number of measurements of entire course: 2 Date(s) when course measured: April 8/2012
Race date: May 13/2012 Course paperwork submission date: April 19/2012
Replaces: AB-2007-021-BDC (if applicable) Certification code: AB-2012-020-BDC

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of Athletics Canada/Run Canada, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2021

AS NATIONALLY CERTIFIED BY:

Bernard Conway
Bernard Conway - Athletics Canada/Run Canada National Certifier
- IAAF/AIMS Grade A Measurer
- USATF/RRTC Final Signatory

Date: April 23/2012

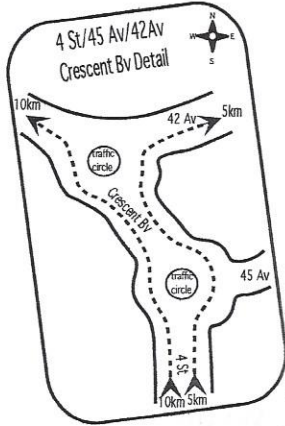
67 Southwood Crescent, London, Ontario, Canada, N6J 1S8

Phone: 519-641-6889 (H) Fax: 519-641-6889 E-mail: measurer@rogers.com

Forzani Mother's Day 10km



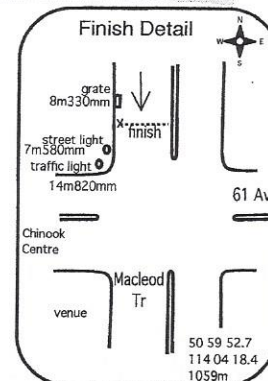
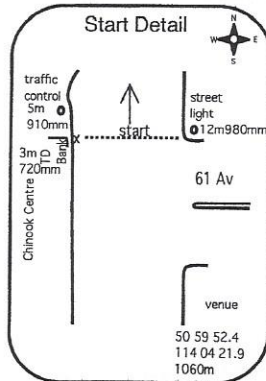
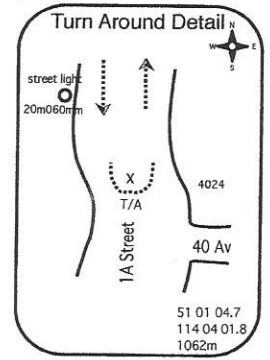
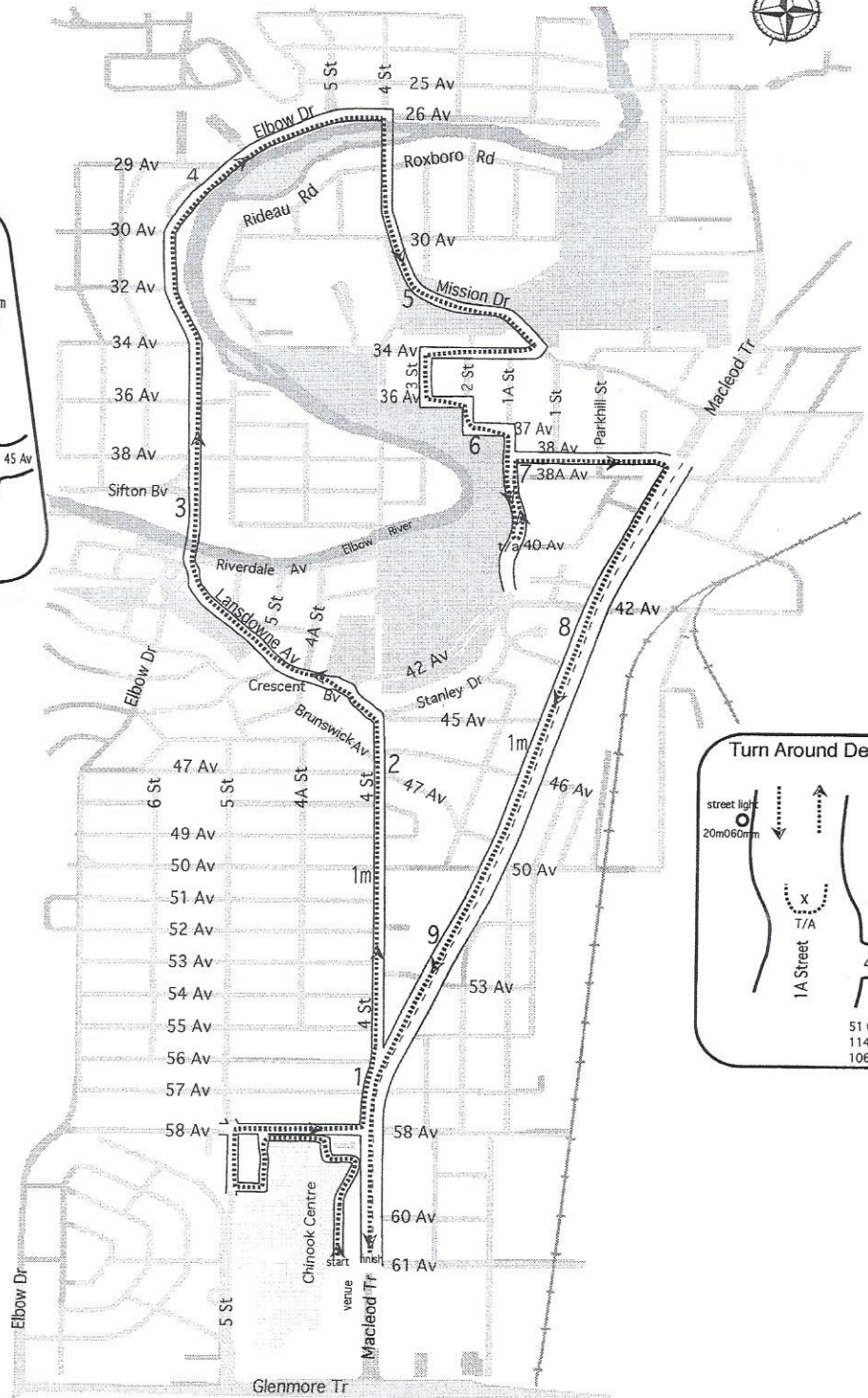
AB-2012-020-BDC



- Chinook Centre - Start
- Chinook Centre Loop - ER
- 5 Street - ROC
- 58 Ave - ER
- Macleod Trail - LCL
- 4 Street - ROC
- Crescent Blvd - LOC
- Lansdowne Ave - ROC
- Elbow Dr - ROC
- 4 Street - ROC
- Mission Rd - ROC
- 34 Ave - ROC
- 3 Street - ROC
- 36 Ave - ROC
- 2 Street - ROC
- 37 Ave - ROC
- 1A Street - ROC
- Turn Around
- 1A Street - ROC
- 38 Ave - ROC
- Macleod Tr - LCL
- finish

- ER - Entire Road
- ROC - Right of Centre
- RCL - Right Curb Lane
- LOC - Left of Centre
- LCL - Left Curb Lane

- start Chinook Centre * 61 Av
- 50 59 52.4 114 04 21.9 1060m
- km 1 51 00 04.6 114 04 32.1 1066m
- mi 1 51 00 16.7 114 04 17.1 1060m
- km 2 51 00 29.2 114 04 17.1 1068m
- km 3 51 00 56.0 114 04 34.9 1063m
- km 4 51 01 26.8 114 04 41.3 1054m
- km 5 51 01 43.8 114 04 17.8 1051m
- km 6 51 01 23.6 114 04 09.4 1073m
- T/A 51 01 04.7 114 04 01.8 1062m
- km 7 51 01 11.2 114 04 01.9 1067m
- km 8 51 00 55.0 114 03 53.8 1051m
- mi 1 51 00 42.8 114 03 59.4 1051m
- km 9 51 00 24.6 114 04 09.1 1056m
- finish Chinook Centre * Macleod Tr/61 Av
- 50 59 52.7 114 04 18.4 1059m



All split locations (each km, mile out/remains) are marked with a mag nail, painted, photo taken, GPS referenced and measured to a permanent object.

From start line at Chinook Centre to the finish line on Macleod Trail all corners are to be coned and marshalled.

This course is measured to the guidelines defined by governing bodies Athletics Canada, AIMS and IAAF.

Course Measurer: Marcel LaMontagne 403.874.1185
 Bill Wylie 403.542.8010

Course Measured: April 8, 2012